

"Help is Other People"

## New Vocabulary & Expressions:

- Nostalgia: A sentimental longing or wistful affection for the past.
- **Turbulent**: Characterized by conflict, disorder, or confusion.
- Integrity: The quality of being honest and having strong moral principles.

## **Comprehension Questions:**

- 1. How does the episode challenge the characters' sense of identity?
- 2. What does Michael learn about his own role in helping others?
- 3. How do the humans continue to confront their past mistakes?

## **Discussion Questions:**

- 1. How do you handle the feeling of nostalgia? Do you think it helps or hinders growth?
- 2. What role does personal integrity play in creating meaningful relationships?