



**Health:** Making appointment and talking about treatments

Pediatrician  
Psychiatrist  
Neurologist  
Rheumatologist  
Ophthalmologist

Orthopedic surgeon  
Anesthetist  
Oncologist  
Radiologist  
Plastic surgeon

**Discussion:**

1. Can you think of other doctors?
2. If you were a doctor, what kind of doctor would you be?
3. Do you think doctors get paid too much money?
4. Do you trust your doctors completely or do you fact-check the doctor on the internet?

**Expressions:** Making an appointment

- I would like to make an appointment.
- Could I make an appointment?
- Would it be possible to see the doctor tomorrow?
  
- At (time): I'm available at 3 pm.
- On (day): I'm not available on Wednesday.
- In (month/year): The doctor can see you in January.
  
- I can't come at 3 on Tuesday.
- I am able to come on January 5th at 10:30.

**Practice:** You are not feeling well. Call the doctor's office, explain your symptoms, and make an appointment.

\*Use the expressions we have covered

**Talking about treatments:**

Do you prefer traditional or modern medicine?

Do you know of any home remedies?

**Vocabulary/Expressions:** Treatments

Take medicine  
Take vitamins/supplements  
Drink a lot of fluids/water  
Avoid physical activities  
Get a shot/an injection  
Disinfect the wound

Take some pills  
Get rest/Take a break  
Eat fruits and vegetables  
Avoid alcohol/cigarettes  
Get a cast  
Other:

**Giving suggestions/recommendations:**

- You should (do)...
- You have to/need to (do)...
- I recommend (something).
- I recommend (doing)...
- I recommend you (do)...
- If I were you, I would (do)...

**What advice would you give for the following situations:**

1. I have a cold.
2. I think I ate bad oysters.
3. My wife is pregnant.
4. I drank way too much last night. I think I'm still a little drunk.
5. I feel... I think I have... (your choice)

**Discussion:** Agree or Disagree

1. An apple a day keeps the doctors away.
2. Breakfast is the most important meal of the day.
3. A good laugh and a good sleep are the best cures.
4. Doctors won't make you healthy. Nutritionists won't make you slim. Teachers won't make you smart. Gurus won't make you calm. Mentors won't make you rich. Trainers won't make you fit. Ultimately, you have to take responsibility. Save yourself.