



Lesson 6: Hump Day

Warm-up questions:

- What is the toughest day of the week for you?
- What is the easiest day of the week for you?
- Do you feel the weeks go by fast or slow nowadays?
- What is the most difficult thing about your work?
- What is the most satisfying thing about your work?

Vocabulary/Expressions:

Pay day	Night owl	Early bird	Call it a day
All downhill from here	Burned out	Overwhelmed	Cheer up
Keep your head up	Hang in there	One of those days	Suck it up

Common workplace problems:

Communication problem	Gossiping	Bullying
Discrimination	Low motivation	Micromanagement
Bad coworker/boss	Long hours	Boredom

- What is the best way to fix the problems from the above?
- Do you have similar problems at your work?

Activity: Improving office morale

Current morale in your workplace is very low. Your boss has asked you to find ways to improve the office morale. With your partner, have a discussion and come up with some solutions. You have a budget of \$1,000. There are 20 people in your office.