

Past Continuous Worksheet:

Past Continuous: was/were + ing

An action in the past which overlaps another action or a time.

- I was walking to the station when I met John. (I started walking before I met John, and maybe I continued afterwards.)
- John was watching TV while Sarah was reading a book. (Two different actions occurred at the same time in the past.)
- At three o'clock, I was working. (I started before three o'clock and finished after three o'clock.)

Practice: Finish the following

I was working when...

I was eating lunch when...

I was talking to my coworker when...

I was negotiating with my client when...

I was driving a cup of coffee at my desk when...

I was surfing the internet at work when...

Discussion:

What were you doing at 7 this morning?

What were you doing at noon today?

What were you doing this time yesterday?

What were you doing this time last year?

What were you doing 5 years ago? 10 years ago?