



Talking about feelings

Vocabulary: Feelings/Emotions

Happy	Cheerful	Excited	Awake	Content	Exhausted
Energized	Depressed	Gloomy	Calm	Drained	Anxious
Relaxed	Thankful	Moody	Peaceful	Nervous	Sleepy

Expressions:

What makes you... happy?

EX: My daughter makes me happy.

EX: Playing with my daughter makes me happy.

What is...boring?

EX: Romantic movies are boring.

EX: Watching romantic movies are boring.

What do you do when you feel... tired?

EX: When I feel tired, I take a nap.

EX: I take a bath when I feel tired.

Discussion:

What makes you...

...sad?

...excited?

...tired?

...scared?

...angry?

...(create your own)?

What is...

...amazing?

...terrible?

...fun?

...difficult?

...delicious?

...(create your own)?

What do you do when you feel...

...(create your own)?