Making a Doctor's Appointment



Warm-up questions:

How often do you go to see the doctor?

Do you see a doctor every time you feel sick?

Is it easy or difficult to get a doctor's appointment in your country?

How would you rate your current health from 1 to 10?

Do you have any healthy or unhealthy habits?

Voc/Expressions:

Getting a second opinion To pencil someone in Squeeze someone in

Slot Coming down with something Malpractice

Not feeling up to par Sick as a dog Feel under the weather

Bit out of it Go under the knife Placebo

Making an appointment:

I would like to make an appointment.

Could I make an appointment?

Would it be possible to see the doctor tomorrow?

Can I arrange an appointment?

Describing symptoms/illness:

I have... a fever/a headache/a stomachache/a migraine/a pain in my shoulder/a cough/

nausea/sore muscles/a tingling feeling in my arm

Giving suggestions/treatments:

You have to... take a rest./drink plenty of fluids./get a cast.

You should... not drink alcohol./get a second opinion./take some pain killers.

Activity:

Situation 1: You are feeling sick and would like to make a doctor's appointment for this morning.

Situation 2: Your child is really sick and needs to see a doctor right away.

Discussion Questions:

Do you prefer modern medicine or traditional medicine?

Do you know any home remedies?

Do you think your country has a good health care system?

What is the biggest health issue facing your country now?

What do you think about the following quotes?

"An apple a day keeps the doctor away."

"God heals, and the doctor takes the fees."

"A good laugh and a long sleep are the best cures in the doctor's book."

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