

Asking for Help

Warm-up:

1. When was the last time you asked for help? What was it for?
2. How would you deal with someone who asks for help too often?
3. What is the best way to ask for help?

Vocabulary/Expressions:

Favor
Polite

Reciprocity
Yes-man

Scratch my back, I scratch your back
Give someone a hand

Expressions(asking for help):

I was wondering if you could (do) something?

Would you mind (doing) something?

Could I ask you for a favor?

Could you do me a favor?

Could you (do) something?

I need/want you to (do) something.

Practice: Write down some things you need help with these days. Then ask your partner for help using the expressions from the above.

- 1.
- 2.
- 3.
- 4.
- 5.

Discussion questions:

1. Have you ever helped someone you didn't know?
2. Do you feel comfortable asking for help?
3. Have you ever done volunteer work?
4. Do you ever give money to charity? Homeless?
5. Why do you think people help people?