Apologizing

Warm-up:

1. What makes you angry?
2. What are the elements of an effective apology?
3. Do you think always apologizing is good or bad? Why?

Vocabulary/Expressions:

<table>
<thead>
<tr>
<th>Apology</th>
<th>Seeing red</th>
<th>Drive someone crazy</th>
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</thead>
<tbody>
<tr>
<td>Getting on someone’s nerves</td>
<td>Sincere</td>
<td>Short/hot-tempered</td>
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<tr>
<td>Get on to someone</td>
<td>Get an attitude with someone</td>
<td>Remorse</td>
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Practice:

1. Who has been getting on your nerves lately?
2. Have you ever purposely did something to drive someone crazy?
3. Describe the last time someone got an attitude with you?
4. What is your friend/coworker/spouse getting on to you form something?
5. Do you think you are hot-tempered?

Expressions (apologizing):

I am sorry for…  I apologize for…  My bad.
I didn’t mean it. I didn’t mean to…  My mistake.
It’s my fault. I wasn’t trying to…  My fault.
I take full responsibility for… Please accept my apologies for…

Discussion Questions:

1. What’s the difference between an apology and an excuse?
2. Should you ever touch someone when apologizing? Why?
3. Are people too apologetic these days?
4. Are you a forgiving person or do you hold a grudge?
5. When do apologies make you feel awkward? Give an example.
6. How do you feel when someone doesn’t apologize or show zero remorse for their mistakes?