

Practice Test 08

Listening Comprehension and Summary: audio file available on: eslfriend.com

Please listen carefully and summarize the following passage.

Kids are becoming increasingly obese. A recent study has identified that an overwhelming majority of kids raised in the US are, or are bound to be obese or overweight. Relaxed monitoring of diets and lifestyle changes are to blame. Parents are simply too busy to make sure that their kids are consuming the appropriate amounts of healthy vegetables and meats. They are defaulting to giving their kids what they want: foods and treats high in fat and oils. Second helpings are also to blame as kids demand more of what taste good.

Discussion Questions:

Please answer the following questions.

1. Describe the largest celebrated holiday in your country.
2. What was your most memorable event of this year?
3. "Money equals happiness" Do you agree with this statement?

Picture Description:

Please describe the picture.



Practice Test 08 Answers

Summary

Kids are getting fatter and this is an alarming thing. Most kids in the US are overweight or obese because of their lifestyles. Parents are too busy to take care of their kids' diet and they are giving them anything they want. Kids are not eating the right amount of fruits and vegetables they need and are instead giving them foods high in fat and oils. Kids like to eat these and are being given second helpings which are bad for their health.

Discussion Questions

1. The largest celebrated day in my country is the Lunar New Year. This is one of the most important holidays in my country as it is a day where many rituals are practiced. Relatives from all over the country get together under 1 roof and take part in activities. We make traditional dishes and talk about our lives long ago. Bowing to our elders is another ritual that is important during this holiday. As we wish our elders wisdom in the coming year, they give us gifts of money and blessings.

2. The most memorable moment of this year was when I got married. I think marriage is one of the biggest choices anyone will make in their lives. I got married in the summer of this year and it was a good experience. I made the promise to stay with the love of my life forever. This decision is final and cannot be taken back. I think this will probably be the biggest life changing decision for anyone.

3. I agree with this statement. Money gives us many options. If we have more options, we have higher ability to increase our happiness. More money would give us different options on things. I think the unhappiest people are poor people simply because they don't have many options. They are forced to take what they are given. Although money does not always mean happiness, it can increase our possibility to achieve higher levels of happiness.

3. I disagree with this statement. I think that no matter how much money we have, we can never increase our happiness. There are many examples of celebrities, politicians, and business moguls that have squandered their wealth and families in search of more happiness. Although wealth may bring higher levels of short-term happiness, our long-term happiness relies more on less materialistic things.

Picture Description

I think living in homes is better than apartments mainly because they offer more privacy than apartments. You can sing or play instruments as loud as you want in any hour of the day and kids can run around without the fear of bothering the neighbors below you. Another reason that homes are better is they offer backyards where you can have barbeques and other gatherings. Apartments only have limited spaces to enjoy the outdoors whereas homes give us many more ways to be closer with our environments.