



Lesson 03: Daily Routines

Objective: Present Continuous - Describing current actions

Present Continuous: S + be + -ing -> I am doing something.

Used to describe current action, long term actions that are currently progressing, plans in the future(be going to)

Am I doing something?	Yes, you are.	What am I doing?
Are you doing something?	Yes, I am.	What are you doing?
Is he/she doing something?	Yes, he/she is.	What is he/she doing?
Are we/they doing something?	Yes, we/they are.	What are we/they doing?

I am studying...	You are watching TV...	He/She is eating...
We are playing...	They are working...	

Vocabulary: Daily routines

Waking up	Brushing teeth	Washing face	Eating breakfast
Getting ready	Getting dressed	Putting on clothes	Going to work
Checking my email	Exercising	Drinking coffee	Cleaning the room
Having dinner	Taking a shower	Taking out the trash	Going to sleep

Vocabulary: Hobbies/Interests

Playing video games	Watching TV	Going to the movies	Walking in the park
Reading books	Playing board games	Going shopping	Going online shopping
Window shopping	Drawing/Painting	Cooking	Playing musical instruments
Hiking mountains	Riding a bike	Doing arts and craft	Dancing/Singing

Discussion:

1. Describe your weekly routine.
2. Describe your weekend routine.
3. What are you doing right now?
4. What are you doing these days?
5. What are you doing this year to improve yourself?
6. What do you think your best friend is doing right now?
7. Are you reading any interesting books these days? Which ones?
8. What TV shows are you watching now?
9. Think of your favorite celebrity. What do you think they are doing right now?
10. Who are you hanging out with a lot these days?
11. What projects are you working on this week?
12. What are you studying these days?
13. Show your partner a picture on your phone. Describe what is happening in the photo.